

## Breakfast – Whole 30

### AVOCADO SWEET POTATO TOASTS

\$5.21/SERVING EST



Ingredients and groceries scaled from original 1 serving

15 slices Sweet PotaTOASTS

1/3 cup olive oil

5 Egg Whites

2 ½ avocados mashed

30 cherry tomatoes halved

5 dashes sea salt

2 ½ teaspoons pepper

**Prep: 5 mins**

**Cook: 5 mins**

1. Heat sweet potatoes according to package instructions.
2. Meanwhile, heat ½ olive oil in a skillet over medium high heat. Add egg white and cook 1-2 minutes.
3. Assemble toasts with avocado, tomatoes, and egg. Sprinkle with salt and pepper and drizzle with remaining olive oil.